

	Tempo	Primary Rhythm Patterns Used	Examples of Level's Most Challenging Technical Elements <i>(These are examples only, intended to communicate the technical ability required for each level; not all listed elements will be included in every routine.)</i>	Number of Formations Used	Length of Routine	Number of Repeated Sections
Beginner	Slow-Moderate	Whole Counts Example: 2,3,4,5,6,7,8 Some "Hold" Counts Example: 1 hold 2, 3 hold 4, 5,6,7 hold 8	<ul style="list-style-type: none"> • Pas de bourrée • Chassé • Battement • Single Pirouettes • Chaîné • Soutenu • Coupé Turn 	4-6	2 minutes	Zero
Intermed.	Moderate-Fast	Whole Counts Example: 1,2,3,4,5,6,7,8 Some "And" Counts Example: 1 & 2, 3 & 4, 5,6,7 & 8 Predictable Rhythm Patterns Example: 1,2,3 & 4, 5,6,7 & 8	<ul style="list-style-type: none"> • Battement Développé • Grand Jeté • Saut de Chat • Multiple Pirouettes • Piqué Turn • Fan Kick • Attitude Turn • C-Jump • Coupé Jeté Turn 	5-8		
Advanced	Fast	Many "And" Counts Example: 1 & 2, 3 & 4, 5,6,7 & 8 Unpredictable Rhythm Patterns Example: & 1, 2, & 3 & 4, 5, 6 & 7, 8	<ul style="list-style-type: none"> • Russian, Leap in Second • Multiple Pirouettes • Axle Turn • Pitch/Tilt • Fouetté Turns • Switch Leap • Calypso 	7-10		